

real
YAN

RESULT D

You Don't Have A "Funnel Problem" If Nobody Sees
You.

Traffic & Attention Self-Diagnosis

For online coaches, consultants, and agencies who **feel invisible: use this traffic check to see if **you're actually a ghost town**, a dabbler, or just running weak hooks – and what to fix in the next 4 weeks.**

Most people blame their funnel or offer when the real issue is simple: not enough strangers see them every day. If you're getting a handful of likes, a few DMs, and "some activity," that's not saturation, that's obscurity. This self-diagnosis forces you to count your real reach, shots, and hook performance so you can stop pretending it's a conversion problem and commit to the volume and messages needed to actually fill the top of the funnel.

P.S. I don't run your ads or design your website. My core work is helping you make more from the leads you already get. Use this as your **4-week traffic sprint** (or hand it to your media person). Once your lead flow is consistent, that's when my nurture, sales, and LTV work kicks in.

GOAL: Confirm you have a traffic problem and decide exactly how to fix it over the next 4 weeks.

INSTRUCTIONS:

- Answer the questions
- Mark what applies
- Follow your type's plan

SECTION 1 – Are You Actually A Ghost Town?

For the last 1 month:

Q1. How many **new people** saw you or your offer?

Count across all channels (ads, outreach, content). Best estimate is fine.

Total unique people reached \approx _____

Q2. On average, how many **new people** see you per day?

= Total reached \div 30 = _____ per day

Q3. Are you consistently getting at least 100 new strangers per day seeing you or your offers?

- Yes
- No \rightarrow Mark: "**REACH = LOW**"

If you're below that, you're invisible.

SECTION 2 – Shots Taken: How Many Attempts Are You Really Making?

Count a "shot" as:

- 1 warm or cold outbound message (DM, call, email), or
- 1 content piece (\approx 5 shots), or

- 1 new ad creative (≈ 10 shots).

For the last 7 days:

- **Q4.** Total warm reach outs (past clients, followers, list): _____
- **Q5.** Total cold reach outs (DMs, calls, emails): _____
- **Q6.** Total content pieces published (shorts, posts, emails, videos): _____
- **Q7.** New ad creatives launched (new ads, not just budget tweaks): _____

Now weight them:

- Total "shots" this week = $Q4 + Q5 + (5 \times Q6) + (10 \times Q7) =$ _____
- Average per day = $\text{Total} \div 7 =$ _____

Mark your volume:

- If **< 20 per day** → Mark: "**VOLUME = VERY LOW**"
- If **20–99 per day** → Mark: "**VOLUME = LOW**"
- If **100+ per day** → Mark: "**VOLUME = HIGH**"

If you are under ~ 100 primary actions per day, you're not even running the basic volume play to fix a traffic constraint. Hit that first, then use your reach metrics to judge whether your hooks and channels are actually working.

SECTION 3 – Hook Quality: Do Any Of Your Messages Actually Hit?

Look back 3 months.

Q9. Do you have at least 3 posts, emails, or ads that did 3–10x better than your usual (views, clicks, replies)?

- Yes
- No → Mark: "**HOOKS = UNPROVEN**"

Q10. Do you have a simple list of your top-performing hooks or headlines you review before creating new content or ads?

- Yes
- No → Mark: **"HOOK BANK = MISSING"**

You should be reusing and remixing your best hooks as 70% of your output, not reinventing the wheel every time.

Q11. When you launch new ads or content, are you mostly:

- Reusing or remixing proven hooks
- Making up brand new ideas from scratch each time → Mark: **"WINNERS = UNUSED"**

SECTION 4 – Channel Focus

Q12. In the last month, where have you actively tried to get attention?

Check all that you used weekly:

- Warm outreach
- Cold outreach
- Content (social, email list, YouTube, etc.)
- Paid ads

Q13. On how many channels are you doing meaningful volume (10+ actions per week)?

- 0–1 → Mark: **"FOCUS = NARROW"**
- 2–3 → Mark: **"FOCUS = HEALTHY"**
- 4+ but all low volume → Mark: **"FOCUS = SPRAY & PRAY"**

SECTION 5 – Your Traffic Type

Match your marks.

Type 1 – True Ghost Town

Signs:

- REACH = LOW
- VOLUME = VERY LOW or LOW
- HOOKS = UNPROVEN and HOOK BANK = MISSING

Meaning: Almost nobody sees you. You do not have a “conversion problem” yet. You have a “nobody knows you exist” problem.

4-week plan: Volume First

- Pick 2 channels max from: warm outreach, cold outreach, content, paid.
- Define what counts as a “shot” on each.
- Commit to 50–100 shots per day for 30 days.
- Track shots daily on a simple tally sheet.

Type 2 – Some Activity, Tiny Audience

Signs:

- REACH = LOW
- VOLUME = LOW, but you are doing *something* weekly
- You have a couple pieces that did well, but WINNERS = UNUSED

4-week plan: Double Down On Winners

- List your top 5 posts/ads by performance.
- Turn each into 5–10 remixes: new angle, new open, new format.
- Double your weekly shots for 4 weeks using only remixed winners, not random ideas.

Type 3 – High Volume, Weak Hooks

Signs:

- VOLUME = HIGH
- REACH still feels low

- HOOKS = UNPROVEN or no clear "bangers"

Meaning: It's a message issue.

4-week plan: Hook Lab

- Spend ~80% of creative time writing hooks, 20% on the rest.
- Once a week, write 50 new hooks based on:
 - Past winners (yours and competitors)
 - Customer pains and desires
- Test 10–20 new hooks per week across content or ads. Keep and reuse only the top 10%.

SECTION 6 – Your Next Move

Write this down:

My Traffic Type is:

- Type 1 – Ghost Town
- Type 2 – Dabbler
- Type 3 – High Volume, Weak Hooks

For the next 4 weeks, I will:

Commit to: _____ at _____ shots per day, starting: ___ / ___ / _____

SECTION 7 – How This Connects Back To Me

*If you're Result D, your **only job** for the next 4 weeks is to run this traffic sprint (or hand this sheet to your media person and hold them to it).*

*Once you're consistently at 30+ leads per month **OR** 10+ qualified sales calls per month ...retake the main constraint quiz.*

*At that point, you'll almost certainly land on F (Nurture), G (Sales), H (Onboarding), I or J (LTV & ascension), and that's where I help you **turn that attention into profit**: more revenue per lead, better retention, higher LTV.*

*Until then, this isn't "prep" work. This **is** the work that unlocks everything else.*

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